



YOUR PATH TO SUCCESS STARTS WITH KENTUCKY USA WRESTLING



When you join Kentucky USA Wrestling, you become part of the most complete wrestling organization in the United States.

Here are just a few of the benefits of Kentucky USA Wrestling Membership:

- Annual subscription to *USA Wrestler* magazine - \$30 value
- Free wrestling video at TheWrestlingGreats.com - \$35 value
- The ability to compete in folkstyle, freestyle, and Greco-Roman events year round
- Safe environment through background checks of all member coaches and officials
- Comprehensive sports accident and liability insurance
- Coaches education and certification programs
- Training and competitive opportunities for Olympic hopefuls
- An investment in wrestling - your membership dollars support all levels of wrestling - from beginner to training of our current and future Olympians
- In addition to Kentucky USA Wrestling events, members have the opportunity to compete in USA Wrestling sponsored Regional and National Championships

Upcoming 2013 Kentucky USA Wrestling Events:

- 3.02.13 - Folkstyle - Bryan Station HS
- 3.09.13 - KWOA Spring Classic - 1st Belt Series / Folkstyle - Central Hardin HS
- 3.16.13 - 2nd Belt Series Tournament / Folkstyle - North Hardin HS
- 3.23.13 - 3rd Belt Series Tournament / Folkstyle - Nelson County HS
- 3.30.13 - Kentucky Tournament of Champions / Youth / MS / Invitation Only - St. X HS
- 4.06.13 - Folkstyle - Western Hills HS
- 4.13.13 - Kentucky FS / GR / Folk / Sombo / Ironman State Tournament - Fern Creek HS
- 4.20.13 - Kentucky Folk style State Tournament - Louisville Central HS
- 4.27.13 - Folkstyle - Danville HS
- 5.04.13 - KY Derby Weekend
- 5.11.13 - Folkstyle - Meade County HS
- 6.08.13 - Folkstyle - Moore Traditional HS
- 6.25.13 - 7.9.13 - DEAD PERIOD
- 7.20.13 - Folkstyle - Danville HS



Coaches – check out USA Wrestling’s Core Curriculum Series and Marketing Materials designed to help build your program!

Coaches Core Curriculum

The Path to Success for Every Coach

- Completely free online access anytime
- Develop athletes of all skill levels and ages
- Features videos, drills, games, and practice plans
- Folkstyle, Freestyle, and Greco-Roman included

www.USAWrestling.org/Curriculum

Marketing Materials

Promote Wrestling in Your Community

- Increase awareness to grow your club
- Recruit wrestlers and support for your club
- Includes customizable posters and flyers
- Design assistance program available

www.USAWrestling.org/PromoMaterials

Kentucky USA Wrestling Association

Online: www.kymat.org

Facebook: www.facebook.com/pages/Kentucky-USA-Wrestling/144561362242407

USA Wrestling

Online: www.USAWrestling.org

Facebook: [http://www.facebook.com/usawrestling](https://www.facebook.com/usawrestling)
Twitter: @USAWrestling